

**SECTION:** CERTIFICATION

**SUBJECT:** Eligibility Requirement

**ITEM:** *Women: Nutrition Assessment Requirements--  
Determining Anthropometric Nutrition Need*



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| <b>Policy</b>                             | <p>At each certification the competent professional authority (CPA) shall determine whether an anthropometric nutrition need exists. The CPA shall use height and weight measurements. They shall obtain the information from:</p> <ul style="list-style-type: none"><li>• a referral form,</li><li>• a medical/clinical record, or</li><li>• measurements obtained in the WIC office.</li></ul> <p>Staff shall document the source of anthropometric data on the Integrated Statewide Information System (ISIS) Health Information and Growth Chart screens. The choice of the code 'O' for Other requires an explanation using the Individual Comments Screen.</p> |
| <b>Authority for policy</b>               | 7 CFR 246.7 (e)  |
| <b>Determining need</b>                   | <u>Anthropometric nutrition need</u> is determined by the CPA, using both ISIS calculations when available, and professional evaluation of participant's past and current height and weight.   |
| <b>Time frame for anthropometric data</b> | <p>Height and weight measurements are required at each certification. The date of the measurements shall be no more than 60 days prior to the certification date. However, the information needs to be:</p> <ul style="list-style-type: none"><li>• during the pregnancy for pregnant women, or</li><li>• after delivery for breastfeeding and non-breastfeeding women.</li></ul>  |
| <b>Measurements</b>                       | The local agency shall take these measurements in the WIC office if the height and weight measurements are not provided at the time the woman is certified.  |

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**Assessment**

In most cases, ISIS will compare the height and weight measurements to the standards (WPM Sections 210-50.2 through 210-50.22) to determine if an anthropometric indicator of nutrition need exists. Local agencies shall review the following anthropometric data:

For pregnant women:

- pre-pregnancy weight-for-height status,
- adequacy of prenatal weight gain, and

For breastfeeding/non-breastfeeding women:

- current weight-for-height status, and
- total weight gain during the most recent pregnancy.

**Note:** ISIS cannot determine the pre-pregnancy weight-for-height status when the pre-pregnancy weight is unknown. In these cases, the CPA shall manually determine the pre-pregnancy weight using the Prenatal Weight Gain Grid according to the grid instructions (PM 349, see WPM Appendix 980-360).

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**Documentation**

Local agencies shall document the following anthropometric data in ISIS:

- height and weight measurements beginning with the appropriate “Health Information” screen, and
  - total pregnancy weight gain on the “Pregnancy Outcome” screen when:
    - a woman re-certifies from the pregnant category to the breastfeeding or non-breastfeeding category, or
    - the infant of a woman described above is certified.
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